



10th Ayurveda Day

23rd September 2025

Ayurveda for People and Planet

From now on, Ayurveda Day will be celebrated every year on **23rd September**

PROGRAM SCHEDULE FOR AYURVEDA DAY

Program	Conducted By	Date
1) Quiz	Dr. Debapriya Maity Dr. Priyanka Ganguly	8/9/25 9/9/25 10/9/25
2) Short Film Play	Dr. Monika Santra Kar Dr. Moutushi Nath	11/9/25 12/9/25 13/9/25
3) Poster	Dr. Rahul Debnath Dr. Suman Sarkar Dr. Debabrata Acharjee	15/9/25 16/9/25 17/9/25
4) Shloka competition	Dr. Rahul Debnath Dr. Suman Sarkar Dr. Debabrata Acharjee	18/9/25 19/9/25 20/9/25
5) Rangoli	Dr Sudipana Sarkar Dr. Sharmistha Roy	22/9/25 23/9/25
6) Cooking	Dr. Shreelogna Bose	23/9/25